



Coronavirus COVID-19 HERE TO HELP



Slowly Reopening

Our local area is seeing movement toward the easing of stay at home orders with the most restrictions. The Philadelphia area could move to the yellow phase (Safer at Home) as of Friday, June 5, 2020. In New Jersey, as of June 15, 2020, retail stores will reopen with a reduced capacity as well as outdoor dining. On June 22, 2020, salons and barbershops will be able to reopen, also at reduced capacity. Please continue to monitor state resources for the most up to date information.

YELLOW PHASE	• TELEWORK MUST CONTINUE WHERE FEASIBLE	• STAY AT HOME RESTRICTIONS LIFTED IN FAVOR OF AGGRESSIVE MITIGATION
	• BUSINESSES WITH IN-PERSON OPERATIONS MUST FOLLOW SAFETY ORDERS	• LARGE GATHERINGS PROHIBITED
	• CHILD CARE OPEN WITH WORKER + BUILDING SAFETY ORDERS	• IN-PERSON RETAIL ALLOWED CURBSIDE/DELIVERY PREFERRED
	• RESTRICTIONS IN PLACE FOR PRISON + CONGREGATE CARE	• INDOOR RECREATION, HEALTH AND WELLNESS FACILITIES (SUCH AS GYMS, SPAS), AND ALL ENTERTAINMENT (SUCH AS CASINOS, THEATERS) REMAIN CLOSED
	• SCHOOLS CLOSED FOR IN-PERSON INSTRUCTION	• RESTAURANTS/BARS LIMITED TO CARRY-OUT + DELIVERY

Health Advocate offers a FREE nurse line!
For non-urgent health issues please call 877 240 6863.
This nurse line is available 24 hours a day, 7 days a week.

Local Donations

Food banks and charitable organizations need assistance as the request for food continues to rise. If you are able to make a contribution, consider supporting the following local organizations and be sure to check out their wish list and order items they need.

New Jersey - local community food bank
<https://angelsoutreach.org/covid-19-help/>

Supports Greater Philadelphia area
<https://www.philabundance.org/>



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NEW JERSEY CHILD CARE CENTERS REOPENING JUNE 15, 2020

Following Governor Murphy's signing today of Executive Order No. 149, which will reopen childcare centers in the State of New Jersey beginning June 15, the New Jersey Department of Children and Families today released specific operating guidance for centers in order to preserve the health and safety of children, staff and the families being served. For information visit https://www.nj.gov/dcf/coronavirus_licensedchildcare.html

- Centers will be required to screen children and staff each day, prior to entry into the center.
- Class and group sizes will be limited, and groups must be spaced out throughout the center.
- Staff will be required to wear cloth masks, and children over the age of 2 will be encouraged, whenever feasible, to wear masks.
- Childcare centers will be required to engage in enhanced cleaning and sanitation.

401K PARTICIPANT SERVICES CENTER- 1 844 749 9981
NJ CORONAVIRUS AND POISON CENTER HOT LINE – 1 800 222 1222
GREATER PHILADELPHIA CORONAVIRUS HELPLINE – 1 800 722 7112

Online Safety

With more children home and outside activities still greatly limited, you may find your children online more than normal.

Remember there are steps to keep them safe!

<http://blog.healthadvocate.com/2020/05/keeping-kids-safe-online/>

CDC offers most up to date information

The CDC did a major information update on June 2, 2020. This does include TRAVEL information. With the summer officially starting in a few weeks, if you will be taking a summer vacation, please be sure to use precaution!

<https://www.cdc.gov/coronavirus/2019-ncov/faq.html>

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>

